

Full Report (All Nutrients) 45134978, VEGETABLE LASAGNA, UNPREPARED, GTIN: 00094643485058

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Report Date: May 27, 2017 03:49 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer ConAgra Foods Inc.

Nutrient	Unit	Data points	Std. Error	1 cup (227g) 227g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	291	128
Protein	g	--	--	16.00	7.05
Carbohydrate, by difference	g	--	--	30.01	13.22
Sugars, total	g	--	--	2.00	0.88
Minerals					
Calcium, Ca	mg	--	--	350	154
Iron, Fe	mg	--	--	1.43	0.63
Sodium, Na	mg	--	--	749	330
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	2.5	1.1
Vitamin A, IU	IU	--	--	1750	771
Lipids					
Fatty acids, total saturated	g	--	--	5.99	2.64
Fatty acids, total trans	g	--	--	0.00	0.00
Cholesterol	mg	--	--	34	15

Amino Acids

Other

Ingredients

Lasagna Sauce (Water, Carrots, Spinach, Ricotta Cheese [Whey, Cream, Vinegar, Carrageenan], Broccoli, Heavy Whipping Cream, Mozzarella Cheese [Pasteurized Milk, Cultures, Salt, Enzymes], Parmesan Cheese [Part-Skim Milk, Cheese Culture, Salt, Enzymes]), Romano Cheese from Cow's Milk [Part Skim Milk, Cultures, Salt, Enzymes], Margarine Oil [Liquid Soybean Oil, Partially Hydrogenated Soybean Oil, Water, Salt, Vegetable Mono- and Diglycerides, Soy Lecithin, Sodium Benzoate, Citric Acid and Calcium Disodium EDTA {Preservatives}, Artificially Flavored, Beta Carotene {Color}, Vitamin A Palmitate Added], Modified Corn Starch, Vegetable Base [SautÃ©ed Vegetables {Carrots, Celery, Onions}, Sugar, Soybean Oil, Salt, Maltodextrin, Modified Corn Starch and Natural Flavoring], Wheat Flour, Salt, Mushrooms [SautÃ©ed Mushrooms, Salt, Natural Flavors, Butter {Cream, Salt}, Sugar, Modified Corn Starch], Crushed Garlic [Garlic, Citric Acid], Sugar, Ground Black Pepper), Cooked Enriched Lasagna Pasta (Water, Durum Flour [Durum Wheat Semolina, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid], Egg Whites), Ricotta Cheese Blend (Ricotta Cheese [Whey, Cream, Vinegar, Carrageenan], Water, Mozzarella Cheese [Pasteurized Milk, Cultures, Salt, Enzymes], Heavy Whipping Cream, Parmesan Cheese [Part-Skim Milk, Cheese Culture, Salt, Enzymes], Romano Cheese from Cow's Milk [Part-Skim Milk, Cheese Cultures, Salt, Enzymes], Egg Whites, Sugar, Whole Basil, Crushed Garlic [Garlic, Citric Acid], Salt, Ground Black Pepper), Mozzarella Bread Crumb Topping (Low Moisture Part Skim Mozzarella Cheese [Part Skim Mozzarella Cheese {Pasteurized Milk, Cultures, Salt, Enzymes}, Whey Protein Concentrate], Bread Crumbs [Bleached Wheat Flour, Yeast, Sugar, Salt], Parmesan Cheese [Part-Skim Milk, Cheese Culture, Salt, Enzymes], Margarine Oil [Liquid Soybean Oil, Partially

Hydrogenated Soybean Oil, Water, Salt, Vegetable Mono- and Diglycerides, Soy Lecithin, Sodium Benzoate, Citric Acid and Calcium Disodium EDTA {Preservatives}, Artificially Flavored, Beta Carotene {Color}, Vitamin A Palmitate Added], Paprika). CONTAINS: EGG, MILK, SOY, WHEAT. *Date Last Updated by Company:* 09/08/2016